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Paul George

The Transformational Trainer

Paul is a full-time life coach equipped with a PCC certification from the International Coaching Federation (ICF). He is a certified trainer in Neuro-Linguistic Programming (NLP) as well as a certified Cancer Healing Coach. His clientele includes individuals in the IT sector, the aviation industry, and real estate as well as individuals in the health care system. Paul is focused on making the Mental Fitness Industry (MFI) a household name with mental health being a priority to the masses.

“

What inspires me is the power of the human mind and its potential to constantly pursuit for happiness. It is like a field, what you plant, it cultivates. I take pride when I empower people to experience the power of their minds”


Coach Paul George

Founder & CEO of the Mental Fitness Industry since 2016

**TRAINER,
COACH,
AUTHOR,
SPEAKER &
CONSULTANT**

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PROFESSIONAL TRAINING

Professional Certified Coach & Certified Trainer

The Association for NLP (ANLP-India)

Certified Global Leadership Assessment Professional

Marshall Goldsmith Stakeholder Centered Coaching

Certified Group Coach

International Association of Professional Coaches Counselors and Therapists

Certified Accelerated Learning Coach

International Association of Professional Coaches Counselors and Therapists

Certificate – Advanced Diploma in Hypnosis – Business NLP Ltd

Certificate of Participation Cognitive Therapies [REBT & CBT] – Atmara

Certified Holistic Cancer Coach Centre for Advancement in Cancer Education

Certified Reiki Level Practitioner
Usui Shiki Ryoho

Certified Trainer of NLP

The Association for NLP (ANLP-India)

Certified Master Practitioner of Neuro Linguistic Programming

The Association for NLP (ANLP-India) & the American Board of NLP

Certified Hypnotist & Certified Advance Life Coach

The Association for NLP (ANLP-India)

Master Practitioner of Neuro Linguistic Programming

The Association for NLP (ANLP-India) & the European Community of NLP

Certificate of Participation – Business Plan for Entrepreneurs

Certified Transactional Analysis – TA101

The International Transactional Analysis Association

Certified Master Practitioner in Ericksonian Hypnosis, Certificate in Provocative Coaching, Certified Wellness Coach, Certified Associate Leadership and Executive Coach, Certified NLP Practitioner, Advanced Diploma in NLP Coaching & Diploma in NLP

NLP Coaching Academy

AWARDS & RECOGNITION

TITLE : CANCER HEALER COACH of the YEAR

Category and Platform

- BEST IN CLASS LEADERSHIP AWARD – WORLD COACHING CONGRESS – 2019
- Economic Times now – Rise with India
- World Federation of Human Resources Professionals
- World Human Resource Development Congress

AREAS OF EXPERTISE

- Life Coaching
- Executive Coaching
- Organizational Development Through Transactional Analysis
- Team Development Through Coaching , Transactional Analysis and NLP
- Sales Training Workshops (Online & Offline) – NLP and Group Coaching
- Leadership Consulting and Development
- Self Mastery & Development Workshops
- Neuro – Linguistic Programming Certification
- Train the Trainer Programs

VOLUNTARY WORK

CARER www.carerforcancer.com
Head Cancer Coach

I work comprehensively with coaching Cancer patients and led many patients to find innovative, successful ways to fight for their lives. I has established that psychological change, together with medical treatment, activates a compromised immune system for healing. My methodologies for coaching patients have proven to be life transforming and designed to help patients evaluate their individuality and teach them how to get the most out of their immune system by leading a fuller , richer life.

Atal Tinkering Labs (ATL) Govt. Of India NITI Aayog.
Mentor Of Change

Established an ATL in a rural school in Dakshin Karnataka and supported the ATL in the right spirit to ensure that more students would come to the lab and be able to create some innovations of the ideas that they had which would be long term solutions for problems faced in their communities.

BPAC – BCLIP (Civic Leadership Incubator Program)
BCLIP – Leader

On-going work with non-partisan citizen's group that aims to improve governance in Bengaluru and to enhance the quality of life of people living in Bangalore. BPAC is specifically targeting good governance practices, integrity and transparency in all arms of the government, improving the quality of infrastructure in the city

BOOKS AUTHORED

- 1) ChemoTherapy For the Mind
- 2) Coaching the Leader in You
- 3) Coaching A Politician
- 4) Coach A Change Maker
- 5) Coaching An Artist
- 6) Coaching An Entrepreneur
- 7) Coaching Dirty Games
- 8) Coaching the Unspoken Conversation

Highlights of the Books

- Understanding self and learning to build rapport with self
- Identifying your abilities and Skills and understanding your core values
- Taking accountability for your life's experiences.
- Embracing the challenges in their life's experiences
- Taking account of the positives in their life's experiences.
- Understanding ones own culture and embracing it.
- Picking up and making an impact.

WORK REFERENCES

"DISCLAIMER: Programs have been curated based on the client's briefing and the outcome that they want fulfilled. The fundamentals remain the same, the essence is tailored to the industry type and the business model type."

Client: CARER (Cancer Rehabilitation and Recovery) www.carerforcancer.com

Client Industry: Healthcare

Program Type: Leadership Coaching Program For FOUNDER & CEO, For Inhouse Coach & Therapist Trainers.

Activities: Examining Assumptions, Ranks of Attention, Influence of Language

Results: CARER has grown their team to over 200 plus therapists/ coaches in India by providing complete in house training programs that were conducted by in house trainers.

Client: The Purple Turtle.

Client Industry: Retail Stores, Interior Designing.

Program Type: Leadership Coaching

Train In House trainers to facilitate various induction and training program across the company.

Results: Company has observed systemic shifts in the behaviors of key management and leadership roles thus sustaining growth even during the Covid 19 lock down period.

Client: Compass IT Solutions. www.citss.com

Client Industry: Information Technology.

Program Type: Leadership Coaching for the Managing Director and Senior Directors.

Results: Client as grown from a 2 Million dollar company to a 4 Million Dollar company by enabling their teams to train better vendors on application and implementations of new technology solutions.